



PARISH NURSE PERSPECTIVES

ACTING LOCALLY
INSPIRING GLOBALLY

A publication of the International Parish Nurse Resource Center Volume 7, Issue 1, Winter 2008

Will the Real Patient Please Speak Up?

Those of you of a “certain” age might remember watching a TV show called “To Tell the Truth” where the contestants tried to stump the celebrity guests about their identity. At the end of each round, the host Bud Collyer would ask, “Would the real (whoever) please stand up?”

Abraham Verghese, M.D., the Senior Associate Chair for the Theory and Practice of Medicine at Stanford and a distinguished author, recently wrote of healthcare in the introduction to a collection of essays: “I think the patient in the bed has become a mere icon for the *real* patient who is in the computer. The echocardiograms and CT scans and endoscopy images of the patient’s innards, the numbers that describe the blood and organ functions, and ergo, the real patient, is *in* the computer, visible to you with password and screen. The breathing, talking, anxious person in the bed, who wonders why the doctors appear so busy and yet so rarely come by, is an abstract entity.” He goes on to say, “You might feel you are being pieced out: your heart to the *non-invasive* cardiologist, who might call in the *invasive* cardiologist if you need a cardiac catheterization, who, if you need angioplasty or a stent, gets the *interventional* cardiologist, who, if the root problem is a bad heart rhythm, calls in the cardiac *electrophysiologist*.” He concludes by saying, “Reading these essays...is to hear a cry for a return to a simpler, more personal kind of medical care. *Talk to me!*”

Thank heavens for parish nurses, who see the whole person, as well as his or her family, neighbors, congregation, and community. Thank goodness for parish nurses, who speak up for those who are trapped in computers and paper trails. Thanks be to God for the vision and faithfulness of parish nurses and other ministers who seek tirelessly to bring healing and wholeness to all.

Relda Kelly from Bourbonnais, Illinois is one of those parish nurses. On a new DVD put together by the IPRNC (see page 3 for more information) she said, “We have the advantage of having an on-going relationship [with parishioners]...our relationship can go on for a number of years.”

Jesus said, “I am the good shepherd; I know my sheep and the sheep know me.” Jesus knows the real person, with all their strengths and failings, and each of us is called by name by Him.

Thank you for all you do when you take the time to get to know others by listening and speaking up as needed. You are a gift from God, indeed.

Blessings,

*Rev. Dr. Deborah Patterson
Executive Director*

¹ From the Introduction in “Silence Kills: Speaking Out and Saving Lives” in Creative Non-Fiction, Issue 33 (Pittsburgh: The Creative Nonfiction Foundation), 2007.

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Parish Nurse Perspectives

For parish nurses, clergy, and others interested in the specialized practice and health ministry of parish nursing.

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Featured Parish Nurse and Physician Team

Lois Augustson, RN, is a Parish Nurse in Beaver Dam, Wisconsin, who combines her parish nursing ministry with an outreach to the uninsured of the community. Working with her husband, Michael K. Augustson, MD, they have developed a free clinic to help those who have no other access to primary care, and they operate, both in the Church and in the community, under the philosophy found in this poem written by Dr. Augustson:

Praying for a Health Care Revolution of a Different Kind

This revolution will not be loud,
it will be quiet.
It will not be won in battles for professional turf,
but by commitment to humble service.
It will not result in the accumulation of wealth,
but will be an opportunity for holy sacrifice.
It will not showcase sophisticated technology,
but will model tender care.
It will not consume itself in chasing sickness,
but will focus on finding health.
It will not be led from ivory towers,
but by those living in your home town and mine.
It will not be a benefit only for the insured,
but will be for everybody and foremost the poor.
It will not begin and end in a few years,
but may very well last a lifetime.
It will not be the wisdom of man or woman,
but the wisdom of God.
It will not happen by the works of others,
but only by the works of you and me.
It will not be here tomorrow,
if it doesn't begin today.

Permission is granted by the author to copy for non-commercial purposes only. Dr. Augustson has also developed a theological resource entitled "Teach, Preach, and Heal: Twenty-one Prescriptions for the Church on Health and Healing from Matthew 9:35-38" which is available on-line at www.churchclinic.org.

For more information about starting a free clinic in your community, contact "The Volunteers in Medicine Institute," which has helped to start scores of free clinics across the U.S. Their website is www.vimi.org and their phone number is 802-651-0112 (Eastern time zone).

Resources for Parish Nurses

New Arrivals at the IPNRC:

- Educational partner Sharon T. Hinton from Floydata, Florida has an essay in Chicken Soup for the Nurse's Soul: Second Dose, edited by Jack Canfield, et. al. (Deerfield Beach, Florida: 2007). \$14.95 U.S.
- Sister Mary Elizabeth O'Brien has recently published a new book entitled A Sacred Covenant: The Spiritual Ministry of Nursing (Sudbury, MA: Jones and Bartlett: 2008). \$24.95 U.S.
- J. Ron Eaker, MD, a board-certified ob/gyn, has authored A Woman's Guide to Hormone Health: The Creator's Way for Managing Menopause (Minneapolis, MN: Bethany House, 2008). \$14.99 U.S.
- M. Donna MacLeod has written a four-season leader's guide and participant journals called "Seasons of Hope: Creating and Sustaining Catholic Bereavement Groups." More info at www.avemariapress.com.

"Beyond Four Walls" - New DVD

Candace Huber, MPH, BSN, RN, the Director of Community Outreach at the Center for Community Health Ministry at the Florida Hospital in Orlando, has created a terrific new DVD introducing parish nursing there that competes with the best journalism. Contact her at candace.huber@flhosp.org or at 407-303-7153 for more information. \$25.00 U.S.



Wayne Muller DVD Now Available

Wayne Muller's lectures and sermon from the 2007 Westberg Symposium are available on DVD from the IPNRC. The cost is \$25.00, which includes shipping and handling. Call Susan Miller to order at 314-918-2559.

New IPNRC DVD Available

Thanks to the support of several parish nurse leaders at this year's Westberg Symposium, the IPNRC has completed a new 10-minute DVD about parish nursing, *Called to Care through Faith Community Nursing*. This resource is designed to introduce parish nursing to registered nurses who are working in diverse healthcare settings and who also might be considering this form of ministry in their home congregation.



A Look at Parish Nursing, the DVD produced in early 2007 by the IPNRC for clergy and congregations, is also available. Both are \$23 and include shipping and handling and can be ordered from Susan Miller at 314-918-2559.

Educational DVD... Kids will Actually Enjoy!

Drs. Poonam Jain and Debra Schwenk of the Southern Illinois University School of Dental Medicine have produced a 7-minute DVD to educate kids about the damage soda can cause to their teeth. This engaging DVD is tailored for upper elementary and middle-school kids. To order your copy of *If You're Sippin', then You're Trippin'* please call 618-474-7271.

The cost is \$12.00 and a portion of all proceeds support the SIU School of Dental Medicine's Community Dentistry Fund.

Nursing Within a Faith Community—Still a Gold Standard

Eight years ago, Margaret B. Clark, M.C.Sp., D.Min., and Joanne K. Olson, R.N., Ph.D., published a groundbreaking book, Nursing Within a Faith Community. The first textbook on parish nursing to be written in Canada, it remains an outstanding resource for parish nurses and clergy in all places. Dr. Clark is a teaching chaplain at the University of Alberta Hospital, Edmonton, Alberta, and adjunct faculty at St. Stephen's College at the University of Alberta. Dr. Olson is Associate Dean and Professor in the Faculty of Nursing and Associate Faculty in the Centre for Health Promotion Studies at the University of Alberta. She is also a practicing parish nurse.

Seeing "faith seeking" and "health seeking" as parallel processes, the authors revisit the historic relationship between nursing and faith traditions and encourage nurses to work as health promoters within faith communities, which are always engaged in times of transition. This book combines the viewpoints of a nurse educator and a practical theologian who link theory to practice, inviting other parish nurses, clergy and congregations into a "ministry spiral" of health

promotion and faith renewal that "connects and deepens." (Thousand Oaks, CA: Sage, 2000) \$113.00 Hardcover, \$62.95 Paperback.

We are pleased that both Dr. Clark and Dr. Olson will be keynote speakers at the 22nd Annual Westberg Symposium to be held September 12-14, 2008 at the Adam's Mark Hotel in St. Louis. For more information, see page 18 or visit our website at www.parishnurses.org and click on "Events."



Joanne Olson, RN, Ph.D., (left) and Margaret Clark, D.Min., will be keynoters at the 2008 Westberg Symposium, Sept. 12-14, 2008 in St. Louis.



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Golden Family of Churches Health Ministries

Recently, we received a modest e-mail from Karen Setzer of Golden, Colorado who shared this note: "I would love to share more about what we are doing in Golden, Colorado with Parish Nursing and Health Ministries. We have 10 churches (all of different Christian faiths) working together for the health of the Golden community. We have helped send four parish nurses for training, one to the Westberg, and do MANY things together that are too big for one church to tackle alone....I'm sending a copy of our brochure for GFCHM."

We called Karen to follow-up on her e-mail, and learned that the ten largest churches in town were ALL working together on health ministries. About 10 years ago, after a visit to the Westberg Symposium, Karen, parish nurse at Faith Lutheran Church, returned to Golden with a mission. Together with other like-minded folks in the community, they created a Church Health task force for the community. This group now has regular attendees (clergy, healthcare professionals and others) from each of the participant congregations, who gather monthly to network and learn more about health resources in the community. They also have a parish nurse support group which meets separately for the five parish nurses which serve several of the participating congregations. All congregations in Golden are invited to attend, and minutes of the meetings are sent to all congregations.

The Golden Family of Churches Health Ministries collaborative offers hospitality, routine dental care and medical checkups for temporarily homeless families, vouchers for free childhood immunizations in cooperation with the local county health department clinics, blood drives, flu shots, health fairs, screenings, healthcare counseling, support groups for persons living with chronic illness, chronic pain, recovering from grief, or recovering from sexual abuse, as well as health seminars, ZYGOS (a Christian alternative to Yoga), and speakers on various health-related topics. They have offered classes on CPR, Divorce Recovery, Healthy Living, Exercise, Pneumakinetics, Weight Management, Beginner Social Dance, Self-Defense, AED Certification, Caregivers of Older Adults, and Coronary Health Improvement. In addition, they



have sent medical supplies to help a hospital in Liberia and a clinic in Juarez, Mexico. They also have durable medical equipment available to borrow from the churches.

In addition, GFCHM participates in a wide variety of events to raise awareness of their work, such as the AIDS candlelight vigil, the Relay for Life, the People's Walk for Housing Justice, Personal Needs Drive, Buffalo Bill Days Parade (see above), and the Good News Celebration Breakfast, at which they were an award recipient.

Congratulations to Karen Setzer and others at the Golden Family of Churches Health Ministries for spreading the good news of Health Ministry far and wide — even taking it to the streets!

For more information about the Golden Family of Churches Health Ministries, contact Karen Setzer, RN, Parish Nurse/Health Ministries Coordinator, Faith Lutheran Church, Golden, Colorado. Her e-mail is Karen@faithgolden.org and her work phone number is 303-279-5379.

Do you have an interesting story to tell about the health ministry in your setting? Please let us know!
E-mail Deborah Patterson at dpatterson@eden.edu, or call 314-918-2527.

We will be glad to hear from you!



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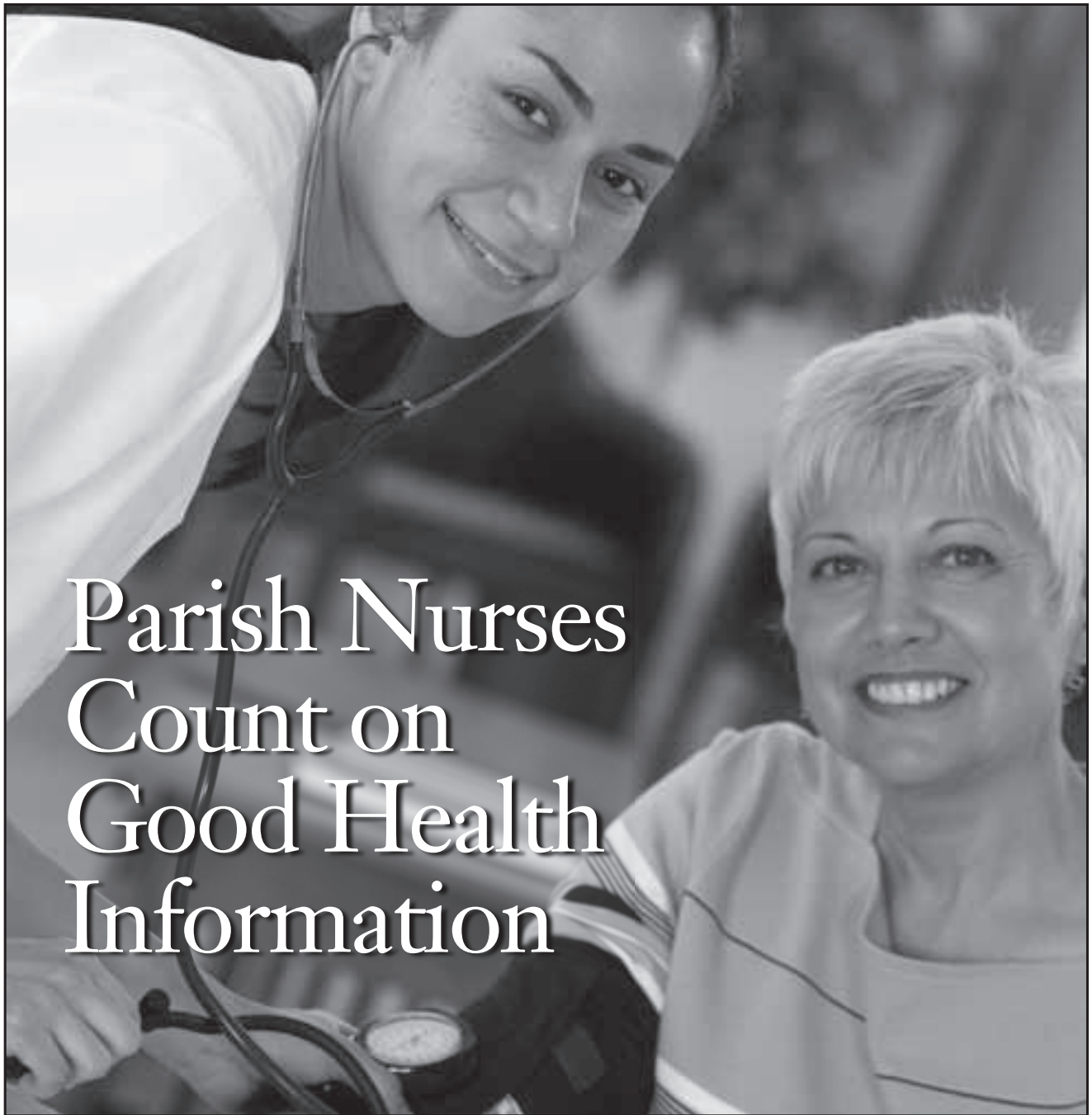
Care Improvement Plus is a chronic condition Medicare Advantage Special Needs Plan (C-SNP) designed to improve the quality of care for Medicare beneficiaries living with diabetes, heart failure, chronic obstructive pulmonary disease (COPD), and/or end stage renal disease (ESRD). The Plan offers additional services such as coordinated care with providers and disease management, including preventative screenings, health education, and the support of a personal healthcare team. **We believe these services will make a huge difference in the quality of our members' lives.**

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The complete medical website from the most reliable source in the world—the National Library of Medicine.



U.S. DEPARTMENT OF HEALTH
AND HUMAN SERVICES

News from around the world of parish nursing

Much is happening in parish nursing around the world! Here are a few of the latest highlights:

- Martha Erbach, Educational Partner from Shenandoah University in Winchester, VA, will be traveling to Zimbabwe in May, 2008, with the financial support of the United Methodist Board of Global Missions. She is working in partnership with Africa University there to begin offering a three-week parish nurse basic preparation course with a special emphasis on working with people living with HIV/AIDS.
- Parish nursing has been invited to the table at the National Council of Churches through the Health Care Task Force. Both the IPNRC and the HMA were at a recent meeting with staff of the Interfaith Health Program of Emory University, the Centers for Disease Control and Prevention, and the U.S. Department of Health and Human Services' Center for Faith-Based and Community Initiatives. The purpose of the two-day meeting was to discuss the role of faith communities in pandemic preparedness, and it is clear that parish nurses are leading the way in this regards. Congratulations!
- Please keep Kenya in your thoughts and prayers given the terrible violence following the recent election. As you will recall, representatives from Parish Nurse Ministries UK and Swaziland visited with clergy and nurses there several months ago and hoped to return soon. Please keep all the faith communities and neighborhoods of Kenya in your prayers.
- The parish nurse and health cabinet at Christmas Lutheran Congregation in Bethlehem, Palestine are working together to provide a large amount of health counseling and referrals to Palestinians, who have a very difficult time accessing healthcare. For more

information, please contact Marcia Schnorr at mschnorr@rochelle.net.

- We have now been able to locate parish nurses in all 50 of the United States. Most of those states also have parish nurse networks. If you are a coordinator, and would like to join our Coordinator's Network, please give us a call!
- New Brunswick, Canada has graduated its first class of parish nurses, under the direction of Sr. Ernestine LaPlante, Associate Director of the Bathurst (NB) School of Nursing, and Nancy Wiggins, Assistant Dean of nursing at the University of New Brunswick (see photo below). In partnership with the InterChurch Health Ministries, their graduates will be ministering in both English and French-speaking congregations.
- Rev. Debbie Hodges, RN, MA, BCS.PGDE, RCNT, RNT from the UK was a keynote speaker at the New Zealand Faith Community Nurses Annual Conference, held October 15-17 in Long Bay, NZ. Dr. Anne Van Loon, RN, PhD, founding member of the Australian Faith Community Nurses Association, was among the keynote speakers, as well.
- Please keep our parish nurse colleagues around the world in your prayers, in many Christian congregations and other faith communities.



Parish Nurse Graduates from New Brunswick, Canada: Claudette Chiasson; Myra Murphy; Eloise Bannister; Isabel Cutler; Beth Lawson; Nancy Wiggins; Sister Ernestine La Plante.

Parish Nursing in a 700 Year-Old Congregation



Recently, Susanna Warner, a parish nurse from Glen Iris, Australia, visited with Parish Nurse Sue Evans in Burwell, UK. Sue serves a congregation that was founded two centuries before Columbus came to America. Here is Susanna's report of her visit.

Sue works five days a week as a District Nurse, then, on her days off, spends time as a Parish Nurse. She lives in a delightful village, with a population of around 6000, and a heritage that goes back hundreds of years.

Sue first took me to the drop-in centre that her church community has established in premises on the main street that runs through the village. It has proven very popular in the few months it has been open, and already they have an impressive team of 48+ volunteers eager and willing to lend a hand. The small shop-front is set up with a book and gift shop area as you walk in the door, and a table and chairs further down where anyone can sit down and chat. Sue runs a health clinic at the rear of the building. She explained how her 'regular' job as a community nurse works beautifully with her 'other' job as a Parish Nurse. Her roles complement each other perfectly and she is able to be herself within her church community.

We then went to the quaint little 'Five Bells' pub for a yummy lunch. The front dining room and bar had a low ceiling and a homey feel about it. I found out that Sue's church community was no stranger to the place, holding movie nights, quiz nights and similar there, which were a way to connect with people in the community who did not feel comfortable going to a formal church.

Next we went to visit the magnificent church — St. Mary's Anglican — which has an amazing history. We walked down the long road through the gravestones to meet the vicar, Rev. Stephen Earl, who was waiting at the front door to welcome us. It is a classic village church with stained glass

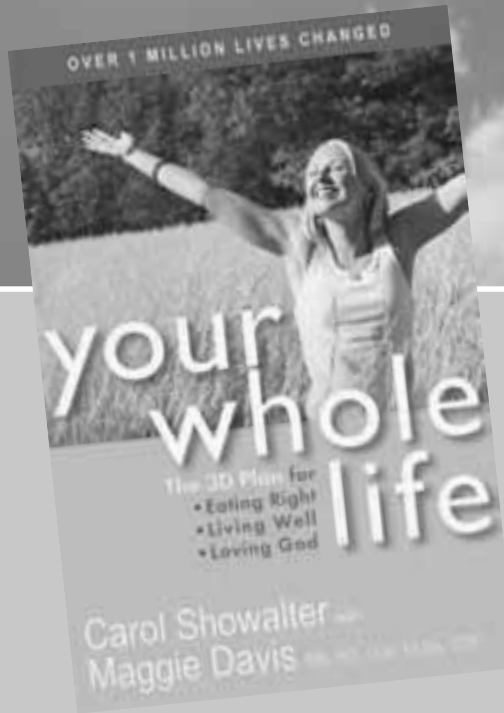
windows and religious artwork that dates back to the 14th century. Sue pointed out ways they had been able to make the place more user-friendly and ways she was able to incorporate health promotion into the regular services. I enjoyed my personal guided tour of this historical treasure.

As impressed as I was by the history of this place, I was even more astounded by a visit to Ely Cathedral, located in the village of that name and next on Sue's agenda for me. As we drove through the Fenland (previously water-logged land reclaimed by the Dutch and now fertile farming soil), Sue gave me a brief rundown of the history of this cathedral. The church could be seen across the miles of farm land.

Apparently, around 673 AD, a woman named Etheldreda had a vision of building this enormous church, and so, this awesome building arose as a magnificent testimony to the glory of God almost in the middle of nowhere, totally surrounded by water-logged land. Visiting this cathedral did not disappoint, and I was glad to have this opportunity to learn first-hand a little more of the English heritage.

Before long it was time to drive the 40 minutes or so back to Cambridge in time to catch the evening train to London. Sue loves what she does as a nurse in her community. I was totally blessed by Sue's warmth, love and laughter and felt privileged to have had a glimpse into the life of a parish nurse in a traditional English village. To me it seemed that FC/Parish Nursing in this context is community nursing in the truest sense of the word.

Sue Evans' drop-in centre is featured in a DVD on parish nursing in the UK that was shown by Rev. Helen Wordsworth, Coordinator of the Steering Committee of Parish Nursing Ministries, UK, at the 2007 Westberg Symposium. For more information about that DVD, or Parish Nursing in the UK, please contact Rev. Wordsworth at rev.h@rhwordsworth.plus.com.



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—Kara Davis, M.D.
Christian Community Health Center, Chicago

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—Rev. Dr. Deborah L. Patterson, Executive Director,
Deaconess Parish Nurse Ministries (St. Louis, MO)

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Initial Health Assessment

Gradual long-term diet changes

Identifying the four types of hunger

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Bringing order into your life

Caring for yourself and others

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Reflections and challenges



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CAROL SHOWALTER

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MS, RD, LDN, FADA, CDE

“Over the years I have seen that those who are successful in eating right and managing their weight are the ones who bring mind, body, and spirit into their work.”

Visit our new website at www.3DYourWholeLife.com

Congregational Exercise Programs (Get Your Congregation Moving!)

It's not too early to be thinking about starting a summer exercise program for your congregation and we can help! The IPNRC has received a grant from The Lutheran Foundation of St. Louis to collect and evaluate congregational exercise programs. Throughout the year, we will be sharing some of those programs with you.

According to the January 31, 2008 Harvard Health Beat, millions of Americans aren't moving enough to meet the minimum threshold for good health – that is, burning at least 700 to 1,000 calories a week through physical

pursuits. Decades of solid science confirm that exercise improves health and can extend your life. Regular exercise can help you sleep better, reduce stress, control your weight, brighten your mood, sharpen your mental functioning, and improve your sex life.

So...let's get your congregations moving this summer!



Walk to Jerusalem/Bethlehem

This program is becoming the "Gold Standard" for congregational exercise programs. Mostly used during the seasons of Lent or Advent, it also can be a great program to use in the summer months to keep parishioners moving and united in a common goal.

This program, developed by St. John Health Parish Nursing in Warren, Michigan, is designed to increase the physical, spiritual and emotional health of partici-

pants. This "imaginary" trip to Jerusalem or Bethlehem is accomplished by individuals within the congregation logging their walking miles each week with the goal of accumulating enough miles to reach Jerusalem or Bethlehem by a designated deadline. There is a lot to learn along the way to Jerusalem about new cultures, new food, and missionary work while incorporating exercise and spirituality into one's lifestyle.

More info is at: www.stjohn.org/WalktoJerusalem and program materials are available to purchase which include the history of the walk, marketing ideas, a planning timeline, ideas to maintain interest and foster healthy lifestyle change, devotions for each week plus country and cultural information.

Order the Walk to Jerusalem booklet/CD by calling 888-440-7325. The cost is \$30, which includes postage and handling.

To obtain additional congregational exercise program ideas, or to share an idea of your own, simply e-mail Gayle Mason, Manager of Coordinators' Care at gmason@eden.edu or call 314-918-2649.

Paul's Three Missionary Journeys and Paul's Trip to Rome

This is another congregational walking program designed to incorporate exercise into the lifestyles of your congregation. MaryBeth T. Buschmann, RN, C, PhD, parish nurse at Grace Lutheran Church in River Forest, Illinois, has developed four maps that you can use to walk with Paul on his Missionary Journeys. This is a great exercise program to complement Bible Study on Paul's Journeys or to keep your

congregation walking if you have used The Walk to Jerusalem.

Mary Beth has put together a CD with maps of Paul's three missionary journeys and Paul's trip to Rome, plus a certificate of completion that can be copied for your participants, flyer samples and a copy of her 2005 Westberg PowerPoint presentation on this program.

To order a copy, email MaryBeth at mbuschmann@graceriverforest.org or call her at 708-366-6900 ext. 263. The cost for the CD is \$20.00, which includes postage and handling.



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Rev. Dr. Deborah L. Patterson, executive director of the IPNRC

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As a parish nurse, you are always looking for ways to support the physical and spiritual well being of your church family. **These easy-to-read newsletters are one of a kind, and incorporate relevant scripture for each topic.** Every parish nurse knows that the health of the body is closely interwoven with the health of the spirit, and these newsletters support both.

The cost is around \$8 a month, or **LESS**, depending on the option you choose. You can receive the latest newsletter each month, or pick the topics you wish to receive from a **growing list of over 50 subjects** on the website. They cover health conditions and wellness advice.

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or e-mail jillhea@jillshealthcorner.com.

News You Can Use

Produce Retain Antioxidants

“Most fruits and vegetables retain their antioxidants long after purchase, according to a new study in the *Journal of Agriculture and Food Chemistry*. Grapes, yellow peppers, plums, tomatoes, and other produce did not lose vitamin C, flavonoids, or other antioxidants over time in storage—up to 30 days in some cases. In general, fruits and vegetables show signs of spoilage before there are significant antioxidant losses.”

UC Berkeley Wellness Letter
Feb. 2008, Vol. 24, Issue 5, p. 1

Exercise & Shingles

“Blood samples from 112 adults, aged 59-86, who received the shingles vaccine, revealed that people who did three 40-minute tai chi sessions a week had higher levels of immunity to the varicella virus that causes shingles than people who were just given information on managing their health....”

Johns Hopkins Health After 50
November 2007, p. 8

Drink Tea for Strong Bones

Australian researchers have discovered that women who drink tea every day have better bone health. The four year study found that women who drank tea in moderation lost 1.6% of their bone mineral density (BMD) at the hip, which was better than the non-tea drinkers who lost 4%.

Caring Today
January/February 2008, p.30

Did You Know...

14 trillion gallons
of irrigation water are used annually to produce feed for U.S. livestock?

Learn more about
Eating Green at The Center for
Science in the Public Interest:
www.cspinet.org/EatingGreen/

Websites of Interest

The Health State of Your State

www.statehealthfacts.org
(Part of Kaiser Family Foundation)

Statehealthfacts.org has recently added new and updated data on “Demographics and the Economy,” “Health Coverage: the Uninsured,” and “Medicaid & SCHIP” that you may find interesting and useful as you plan programming and apply for grant funding.

Give Us This Day Our Daily Med?

www.dailymed.nlm.nih.gov

For people using prescription medications, the National Libraries of Medicine network has a new website with up-to-date, quality information on more than 3500 marketed pharmaceuticals.



What You Can Do to Prevent Cancer

Current findings about the role obesity, inactivity, meat, alcohol and other factors play in the development of cancer have been published in a report published by the World Cancer Research Fund and the American Institute for Cancer Research, called *Food, Nutrition, Physical Activity, and the Prevention of Cancer: a Global*

Perspective. Some recommendations included are...

- Stay as lean as possible within the normal range of body weight.
- Avoid weight gain and increases in waist girth after age 21.
- Aim to breastfeed infants exclusively up to six months and continue as they start eating food.
- People who eat red meat should consume less than 18 ounces a week. Very little, if any, should be processed meats.
- Avoid sugary drinks like soda and limit fruit juices.

The complete report can be viewed and downloaded at www.dietandcancerreport.org and includes several “personal recommendations” and “public health goals” to help prevent cancer. A second report will be published later in 2008.

Nutrition Action Newsletter
Dec. 2007, Vol. 3, No. 10, pp. 1, 7

Two Long-Time Parish Nurse Leaders Retire

Alvyne Rethemeyer Retires as Director of IPNRC

Alvyne Rethemeyer, RN, MSN, provided visionary leadership at Deaconess Health System in St. Louis, Missouri from 1995 to 2001 as the second Director of Parish Nursing. During that time, she grew the program to include more than 30 parish nurses in the St. Louis area. She also expanded the parish nurse model into faith-based organizations, including daycares, neighborhood houses, a nursing home and food pantries. In her later capacity as Director of the IPNRC from 2002 to 2007, Alvyne taught parish nurse basic preparation and coordinator's preparation classes to more than 1000 nurses and coordinated the annual Westberg Parish Nurse Symposium.

Ms. Rethemeyer is a contributing author along with Deborah Patterson to The Essential Parish Nurse: ABCs for Congregational Health Ministry as well as a contributing author to the IPNRC's *Parish Nurse Basic Preparation* curriculum and supplementary modules. Alvyne serves on the Board of a number of ecumenical organizations, is a graduate of the CHSM Transformational Leadership Program, and is a Commissioned Minister of the United Church of Christ through the Missouri Mid-South Conference. Her husband, Karl, also an RN, was a faithful and active volunteer with the IPNRC in many capacities.

Alvyne has retired from her position as of December 21, 2007, but will return to parish nursing – as a parish nurse – in a couple of years in her new home in Uplands, Tennessee.

— Deborah Patterson, IPNRC.



Martha Erbach Retires from Shenandoah University

On Sunday, November 18, 2007, friends and family gathered in person *and* via video to celebrate Martha Erbach and the gifts she has brought to nursing education, parish nursing in particular. Martha's retirement from Shenandoah University in Winchester, Virginia marks 50+ years of dedicated service in nursing; 12 years as parish nurse educator with over 200 RNs completing the Shenandoah IPNEP course; and leading six coordinator courses. As an early visionary and educational planning team member for IPNEP, Martha remains key in developing the parish nurse curriculum.

Lisa Zerull and Helen Zebarth, longtime colleagues, friends and advocates for parish nursing, and both blessed by Martha's IPNEP course, were mistresses of ceremony for the festive gathering held at the Shenandoah University School of Health Professions in Winchester. Martha's delight was apparent as she enjoyed stories shared by many area parish nurses, fellow educators, and clergy. A video montage synchronized to "You Raise Me Up" painted the spirit of parish nursing that Martha has passionately brought to so many. University colleague, parish nurse and talented quilter, Sheila Ralph presented sample squares from the "autograph quilt" that she is creating for Martha. A beautiful scrapbook was given by Karen Adams, parish nurse and memory album designer extraordinaire. Regional parish nurse coordinator, Reen Markland, presented an endearing poem written by Deborah Patterson. Prayer stones representing well wishes from friends all over the country who were unable to attend were placed in a special jar, with those present adding their own prayers for Martha. Ever humble, and admittedly uncomfortable with being the guest of honor, dear Martha shared, "If you haven't already read *The Purpose Driven Life*, I highly recommend that you do. Chapter one says it all. It's not about me. It's not about us. It's about God-- which we know really means: it's all about love."

—Reen Markland, RN, Parish Nurse Coordinator,
Valley Health, Winchester, Virginia.

Top left: Alvyne Rethemeyer, retiring Director of the IPNRC with Maureen Daniels (on right), Director of the Deaconess Parish Nurse Ministry Network. **Near left:** Martha Erbach (center), retiring Educational Partner from Shenandoah University, and Reen Markland (left) and Lisa Zerull (right).

The Parish Nurse as Personal Health Counselor

Karen Hernandez, Parish Nurse at King of Glory Lutheran in Tempe, Arizona



Karen Hernandez
and the Leaf
Family: Foster,
Julie and Emily

Karen as Health Counselor to New Parents....

A young couple in Karen's congregation, Julie and Foster Leaf, were expecting their first child in April 2007. Both Julie and Foster were students at Arizona State University and both were employed with little free time on their hands. Because of those time constraints, and with a quickly approaching due date, they were worried that they would not be able to attend the childbirth classes offered at the hospital where they were to deliver. Karen offered them the opportunity to have a private, abbreviated course in their home, as Karen was a childbirth educator for 30 years.

During the class time they were able to discuss normal late pregnancy, labor, and the delivery process. Julie and Foster were aware that the baby was in a breech position so they also discussed Caesarean delivery. Julie underwent some uncomfortable testing procedures prior to the delivery date and was able to use the breathing and relaxation techniques taught by Karen.

Little Emily arrived by Caesarian birth to her welcoming parents, who felt knowledgeable about the process. Now, at nearly eight months, Emily is growing and thriving, the apple of her parents' eyes.

Karen as Health Counselor to Seniors....

Inez Korstad is a senior member of King of Glory Lutheran Church. In June she began to have gastrointestinal problems and asked Karen to drive her to a procedure. The procedure went well but the effect of the medications used for the procedure left Inez off balance and she fell. Although she was able to get up on her own and walk, she was hurting. Karen felt that Inez needed to be seen by a healthcare provider. Thankfully, nothing was broken, but she was quite weak and bruised.

As Inez's children live out-of-state, Karen volunteered to accompany her to medical appointments so that a second pair of ears could hear what was being said. Following each medical visit, Karen transcribed her notes and gave them to Inez so that she would be able to talk with her children about the visits and didn't have to rely totally on her memory of the visit or be encumbered by some of the medical terminology.

Along with the trips for the medical visits, Inez and Karen have enjoyed a growing friendship and conversations about family. Inez's children have the assurance that a trusted health minister in their mother's home congregation is watching out for her on a daily basis.



Karen Hernandez
with Inez Korstad

Reprinted with permission from the *Nurse and Health Ministries Network: Health Ministries News*, Nov. 2007-Jan. 2008, Vol. 12, No. 5. Barbara Sage, RN, BSN, is the Director of the Nurse & Health Ministries Network based at Beatitudes Center DOAR in Phoenix. Their website is www.centerdoar.org, and her e-mail is sage@centerdoar.org.

IPNRC Education and Research News

The following **2007 Supplemental Modules** are available for purchase: *Complimentary Therapies in Parish Nursing: An Overview*; *Complimentary Therapies in Parish Nursing: Guided Imagery*; *Complimentary Therapies in Parish Nursing: Meditation*; *Parish Nurse Practice in Rural Faith Communities*; *Social Justice Role of the Parish Nurse with Vulnerable Populations*; *Identifying Strengths of Congregations*; and *Leadership Transitions in Congregations*. The remaining nine modules are near completion and scheduled to be released in Spring 2008. Cost of the modules is \$250 and there is a contract similar to the one for the 2005 Supplemental Modules. Please email Susan Miller at smiller@eden.edu if you are interested in purchasing the modules.

Faculty Preparation Course

The IPNRC has 136 educational partners in the United States and internationally with faculty who teach the Basic Parish Nurse Preparation Course and the 2005 and 2007 Supplemental Modules. There are courses taught for both college credit and for CEs. Formats for courses include the semester option, week long intensive courses, weekend courses, and courses online. For a complete list of all educational partners link to <http://www.parishnurses.org/Home.aspx?ContentID=45> Current educational offerings are listed on our website under "About Parish Nursing".

The next course to prepare faculty to teach the curriculum is August 3-5, 2008 at Mercy Center in St. Louis. Current faculty will attend a retreat during the same time period. The retreat leader is Rev. Dr. Deborah Patterson, Executive Director of the IPNRC.

For information on any of the IPNRC research and curriculum projects or educational programs, contact Barbara Wehling at bwehling@eden.edu.

Reliability and Validity of Two Spiritual Assessment Instruments

by Margaret E. Miller, PhD, RN, FCN

In response to a request by educators for the curriculum at a meeting in August 2006, IPNRC sponsored a meeting in March 2007 for those interested in developing further research in Faith Community Nursing/Parish Nurse practice. Dr. Barbara Wehling, Dr. Beverly Siegrist, and Dr. Maggie Miller served as facilitators for the meeting. Following some basic review of research methods and brainstorming ideas for research, the group self-selected three different research questions to explore. One of the groups began working on spiritual assessment.

Education programs for RNs wanting to become a FCN focus on holistic nursing practice, with special attention to spiritual care, including its assessment, interventions, and outcomes. Some spiritual assessment instruments have reliability and validity measures, but as the FCN specialty has developed, the data regarding use of these instruments show mixed results in testing for reliability and validity. It is important that FCNs receive best practice information in spiritual care. One step in this direction is

to investigate spirituality instruments.

Two common instruments familiar to many FCNs are the JAREL Spiritual Well-Being Scale (JAREL) (Hunglemann, Kenkel-Rossi, Klassen, and Stollenwerk, 1989) and the Spiritual Assessment Scale (SAS), first called the Spiritual Assessment Guide (O'Brien, 1982). The use of the JAREL is often found in studies (Fulton, 1992; Hill, 2004; Marsh, 1997; Roberts, 2002; Wagner, 1998). The total JAREL scale generally had good reliability (ranging from $r=.79$ to $r=.91$); the subscales were sometimes lower. Validity for the JAREL was determined by reviewing the literature, through qualitative methods, by interviewing people whose health status ranged from good to terminally ill, and reviews of the instrument by a panel of experts.

O'Brien (2003) reported evidence of good reliability for the total SAS, $r=.92$, with good support in the subscales. Construct validity was based on Moberg's 1979 eight characteristics of spiritual well-being and Fowler's 1981 stages of faith development (cited in O'Brien, 2003). Content validity was determined by reviews from a panel of experts. No other published studies were found related to the use of this instrument.

The purpose of this pilot study was to examine the reliability and validity of these two Spiritual Assessment Instruments. Possible participants were approximately 350 FCNs who attended the 21st Annual Westberg Parish Nurse Symposium September 28-30, 2007, at the Adam's Mark St. Louis Hotel in St. Louis, MO. There were 109 participants who picked up the survey at a booth in the exhibit hall and returned it to the registration booth by the end of the conference. Most of the participants worked in a parish; some were coordinators or educators only. Some coordinators and educators also worked in a parish. Participants' ages ranged from 31-78. The median was 58, mean 57.63. There were 33 Roman Catholics, 14 Methodists, 11 Lutherans; there were several other Christian denominations with 1-3 participants and 1 Jewish.

Length of RN practice ranged from 9-56 years; length of practice as FCN ranged from 0-18. Hours of work/week ranged from 1-45 for most; two reported that they worked 45 hours/week, one reported a 60 hour week and one reported a 100 hour work week. Forty-six (out of 80) were paid and 34 were not paid. There was a significant difference between hours of work/week and pay. Those who received pay worked an average of 29.02 hours/week and those who received no pay worked an average of 8.68 hours/week, $p>.0001$. Thirty received benefits; 50 did not receive benefits. Only 18 out of 80 reported they had no budget. Some who received no pay received some benefits or had a budget for some things, such as equipment or supplies.

Scores on the JAREL ranged from 81-126 (out of a possible 21-126); mean was 111.32. The instrument had good reliability, $r=.882$. There were 96 participants who answered every item, which is the statistic rule. Scores on the SAS ranged from 64-82 (out of 21-105); mean was 76.75. The SAS also had good reliability, $r=.829$. There were 67 participants who completed the instrument.

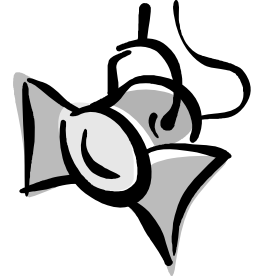
The spiritual assessment committee wishes to thank the FCNs who took time out of the Westburg workshops/sessions to participate in the study. Information from this study will help the investigators examine spirituality as FCNs perceive this concept, thereby paving the way to a subsequent study, which will be planned to determine best





Helen M. Chigaros, RN, MSN, CRRN, CNS
Co-founder and President
Parish Nurse Network of the Kankakee River Valley

IN THE SPOTLIGHT



To borrow and adapt a popular saying, "Parish Nursing is a journey, not a destination." In 1997, my journey into Parish Nursing began as I was working on my Master's program. Many of my nursing professors were Parish Nurses and shared their passion. I was hooked. God puts people into our lives for a reason. For example, as I was thinking, "*is this the path I am to take?*" an answer came the next weekend. I was sharing my newly found knowledge of Parish Nursing with my pastor, the next thing you know I had an office and his blessings.

In 2003, after a local agency dissolved their Parish Nurse Ministry Program, many of the Parish Nurses continued to meet and support each other. We formed a formal organization in which part of our mission is to facilitate RNs, with the desire, into Parish Nursing. So here I am, praise be to God and the support of my fellow Parish Nurses, sharing the "nuts and bolts" of Parish Nursing. However, we all know Parish Nursing is truly so much more. Parish Nursing allows that spiritual component of healing to flourish and in so doing brings us in partnership with our parishioners lingering in the

loving embrace of Christ. It just doesn't get any better than this.

I can see very clearly the desire in my colleagues here in our Kankakee River Valley to sustain their ministries and in doing so reach into the larger community where we witness the needs of so many. By providing the Basic Prep course, there will be an increase in Parish Nurses and the hope of one for every church becomes more viable. I have watched the movement of Parish Nursing reach across the globe. I believe I can be a part of that journey also by being a friend, a colleague, and a companion. The world needs to see how

people from many different faiths work together to bring God's healing to not only the friend, but also the stranger.

When I was a "baby student nurse" the very first words I wrote down from my very first class were "a nurse is a teacher first and always." I can not remember the name of my instructor; however I have never forgotten her words. So as my journey continues into the classroom, may not only the educational program of Parish Nursing be shared, but the passion. Let the students remember the words.



"My Road to Parish Nurse Faculty Education"
La Vaida Owens-White, MSN, RN
Christiana Care Health System Community Health Outreach and Education

ware was participating in a national 'Renew Movement', an effort for commitment, service and building Christian community was implemented. Through Bible studies and theological and personal reflections, small groups convened to put faith into action, meeting the unmet needs of congregation and community beyond food and clothes closets or other existing ministries. We noted that our congregation was comprised of a good number of parishioners of retirement age and those with a variety of physical challenges and disabilities. After much discussion and planning, I carried our small group plan of action to the pastor for ap-

proval. As divine providence would have it, the pastor and I spoke the words "parish nursing" simultaneously! In August of 1993, after taking the Basic Parish Nurse Preparation Course, I became the Parish Nurse for Christ Our King RC Church. My faith community nursing journey began in 1993, but influenced long before then by my family ancestry and God's call on my life.

Two years later in 1995, I had successfully established our Health Ministry and Advisory Team and began a program of health education and health promotion activities. Bulletin articles of health observances, "Put Prevention Into Practice," encouraged parishioners to examine lifestyle choices and raised awareness of disease and illnesses that could be prevented. With the help of a sister parish, we developed a St. Christopher

Ministry to assist with transportation as well as other health education, promotion and screening activities.

Turning attention to the parish district and community needs, I became active in neighborhood civic associations and health planning councils. It was a platform to introduce congregational health ministry and its benefits to the community; I was able to provide presentations to those interested in more information.

Again, divine intervention brought the president of my healthcare institution, Dr. Charles Smith, and I together one September morning in 1999. One of the physicians with whom I worked mentioned my role as a parish nurse to Dr. Smith. It, evidently, piqued his curiosity as I was invited to his office to explain the program in more detail. Six weeks after our meet-

ing, I went from staff nurse on a medical-surgical unit to Health Ministry Nurse for Christiana Care Health System in the Cancer Outreach Department! Since 1999, through Community Health Outreach and Education, Christiana Care has been able to engage a number of congregations in health ministry as partners to improve the health of individuals in the communities we serve.

Throughout my career I have been on the professional development ladder, climbing 'Jacob's Ladder'. You know the song from the old Negro spiritual... 'we are climbing Jacob's Ladder. every rung goes higher, higher, soldiers of the cross'.

In August of 2007, I participated in the Faculty Educator Preparation Course. It has brought me to this time of servant leadership. I will, now, carry forward the body of knowledge to those who will continue the work of fulfilling the spiritual dimension as it relates to our clinical practice, the

22nd Annual Westberg Symposium "Lift Every Voice and Speak"

**September 12-14, 2008
Adam's Mark Hotel
Downtown Saint Louis, Missouri**



KEYNOTE SPEAKERS
(Above, clockwise from left):

Diana J. Mason, RN, PhD, FAAN
Editor-in-Chief
American Journal of Nursing

Margaret B. Clark, DMin and Joanne K. Olson, MN, PhD
Faculty at the University of Alberta, Edmonton, Alberta
Co-Authors of: "Nursing within a Faith Community:
Promoting Health in Times of Transition"

Vincent DeMarco, MA, JD
President, Maryland Citizens' Health Initiative
Faculty at Johns Hopkins Bloomberg School of Public Health
Baltimore, Maryland

Gloria WilderBrathwaite, MD, MPH
Medical Director
Washington D.C. Children's Health Project

Brochures will be mailed to subscribers of Perspectives in late March and will be on-line shortly thereafter. For more information about the Symposium, or about making reservations at the Adam's Mark Hotel, visit our website at www.parishnurses.org.

Thank you to all who sent proposals for presentations and posters. You have contributed many wonderful ideas, and we look forward to a great gathering of minds this fall!



IPNRC NEWS

Sorry We May Have Missed Your Call or Message...

The IPNRC voice mail system, part of the Eden Seminary system, has had some glitches in recent weeks. We apologize if you have had trouble reaching us or leaving a message. If you do not receive a response to either your voice mail or e-mail within a day or two, please try again. We appreciate your patience and expect to have all systems working properly soon!

A list of IPNRC employees and their direct contact information is below. This list is also on our website at: www.parishnurses.org/contactus.aspx.

Rev. Dr. Deborah L. Patterson, Executive Director
314-914-2527 | dpatterson@eden.edu

Barbara Wehling, RN, PhD
IPNRC Acting Director & Curriculum Coordinator
314-918-2591 | bwehling@eden.edu

Gayle Mason, RN, Manager of Coordinator's Care
314-918-2649 | gmason@eden.edu

Susan Miller, Office Manager
314-918-2559 | smiller@eden.edu

Maureen Daniels, RN, MN,
Director, Deaconess Parish Nurse Ministry Network (DPNM)
314-918-2632 | mdaniels@eden.edu

Eileen McGartland, RN, BA, BSN, Assistant Director DPNM
314-918-2621 | emcgartland@eden.edu

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Join Us in St. Louis!
March 28-30, 2008
IPNRC Research Meeting
bwehling@eden.edu

Have you seen our two 10-minute DVDs?
Both are available through the IPNRC and
are tailored for nurses or congregations.
Go to www.parishnurses.org and click on
"Resources" or call (314) 918-2684.

Parish nursing resources are available at
Eden Bookstore.
Call 877-627-5653 toll-free.

Save the Date:
2008 Faculty Retreat
and New Faculty Orientation
August 3-5, 2008
Mercy Center - St. Louis, Missouri

Don't forget to sign up for
IPNRC eNotes, it's free!
Sign-up today at www.parishnurses.org.



Parish Nurse Classes Sponsored by our Educational Partners

United States, By State

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Northwest Parish Nurse Ministries at
Providence Alaska Medical Center
Linda Shepard, 907-261-5053

Mobile, AL (On-line)

Spring Hill College of Nursing
Carol Harrison, 251-380-4492

Scottsdale, AZ

Beatitudes Center DOAR Nurse
and Health Ministries Network
Barbara Sage, 602-274-5022

Fullerton, CA

Evangelical Free Church of America
Paula Lilja, 281-532-3060

Redlands, CA

Trinity Evangelical Free Church of America,
Health & Caring Ministry, Feb. 11-15, 2008
Paula Lilja, 281-532-3060

Boca Raton, FL (On-line)

Florida Atlantic University
Susan Dyess, 561-297-3236

Orlando, FL

Florida Hospital, Center of Health Ministry
Candace Huber, 407-303-7153

Venice, FL

Lee Memorial Health System
June 1-6, 2008. Rita Horvath, 239-432-3182

Atlanta, GA

Gwinnett Hospital System, June 15-20, 2008
Linda Hughes, 678-312-2423

Kailua, HI

Castle Medical Center, Jan. 28-Feb. 1, 2008
Sue Pignataro, 808-263-0136

Oak Brook, IL

Lewis University, May 5-9, 2008
Kathie Blanchfield, 708-448-9429

Quincy, IL

Blessing-Rieman College of Nursing
Sheila Capp, 217-228-5520

Rock Island, IL

Trinity Med. Ctr., Mary Slutz, 309-779-5122

Springfield, IL

St. John's Hospital/The Chiara Center
Kathleen Cross, 217-757-6620

Springfield, IL

St. John's Hospital
Mar. 14, 15, 28, 29; Apr. 11, 12, 25-27, 2008
Tracey Kreipe, 217-544-6464

Evansville, IN (On-line)

Univ. of Southern Indiana School of Nursing
Victoria Pigott, 877-874-4584

Ferdinand, IN

Univ. of Southern Indiana School of Nursing
Peggy Graul, 800-467-8600

Indianapolis, IN

Clarian Health Partners Congregational Health
Ministries. Cyndi Alte, 317-962-9330

Valparaiso, IN

Valparaiso Univ., Janelle Fleck, 219-464-5289

Wichita, KS

Spiritual Life Center, Kansas PN Ministry
July 13-19, 2008
JoVeta Wescott, 316-686-0111

Louisville, KY (On-line)

Bellarmine University
Margaret Miller, 502-452-8413

Paducah, KY

Lourdes & Western Baptist Hospitals
Carol Bradford, 270-217-9949

Monroe, LA (On-line)

University of Louisiana at Monroe School of
Nursing. Linda E. Sabin, 318-342-1517

New Orleans, LA McFarland Institute

Congregational Wellness Program
Rebecca Harris-Smith, 504-593-2320

Fall River, MA

Saint Anne's Hospital, Congregational Health
Ministry PN Program
Kathleen Emerson, 508-674-5600, ext. 2064

Takoma Park, MD

Columbia Union College
Feb. 15, 17, 22, 24, 29 and March 2, 2008
Bernice DeShay, 301-891-4157

Biddeford, ME

St. Joseph's Hospital
Pamela Deres, 603-225-4888

Clinton Township, MI

Henry Ford Macomb Hospital
Mary Ann Stockwell, 586-263-2117

Grand Rapids, MI

Calvin College, Dept. of Nursing
Jan. 25-26, Feb. 22-23 & Mar. 21-22, 2008
Bethany Gordon, 616-526-7076

Kalamazoo, MI

Borgess Health, Paula White, 269-343-1396

Alexandria, MN with Concordia College

Jean Bokinskie, 218-299-3893

Minneapolis, MN - United Theological

Seminary, Vicki Gustafson, 612-872-7400

New Brighton, MN

United Theological Seminary
Vicki Gustafson, 763-315-4909

New Hope, MN

Evangelical Free Church of America, Health &
Caring Ministry, April 7-11, 2008
Paula Lilja, 281-532-3060

St. Paul, MN with Concordia College

Luther Seminary, February 11-15, 2008
Parish Nurse Center, 218-299-3893

Kansas City, MO

St. Luke's Hospital
Nancy Wagner, 816-932-3504

St. Louis, MO

International Parish Nurse Resource Center
April 7-11, 2008
Barbara Wehling, 314-918-2591

St. Louis, MO (On-line)

St. Louis University School of Nursing
Fall & Spring Semesters
Sally Lehnert, 314-977-8919

Springfield, MO

St. John's Hospital, November 7-11, 2007
Mary Hansen, 417-820-2770

Helena, MT

Carroll College, The Parish Nurse Center
Cynthia Gustafson, 406-447-4367

Omaha, NE

Alegent Health
Ronnelle Sailors, 402-898-8350

Omaha, NE (On-line with IPNRC)

Nebraska Methodist College
Susan Ward, 402-354-7063

Buffalo, NY at Catholic Charities

716-856-4494 ext. 3003

Buffalo/East Aurora, NY

Trocaire College & PN Ministries of New York
Ann Marie Maclsaac, 716-566-1163

Troy, NY

Seton Health - St. Mary's Hospital
Fran Zoske, 518-268-6062

Asheville, NC (On-line) Supplemental Modules

Hospice Care Corp., Spring, Summer & Fall
Semesters, Robin Shepherd, 304-376-0546

Boiling Springs, NC

Gardner-Webb University
Shirley Toney, 704-406-4366 ext. 4360

Charlotte, NC

Queens University of Charlotte
Joan McGill, 704-337-2295



Parish Nurse Classes Sponsored by our Educational Partners (continued)

Fargo, ND

Concordia College, Parish Nurse Center
Jean Bokinskie, 218-299-3893

Cedarville, OH

Cedarville University, May 18-23, 2008
Judi Shrubsole, 937-766-7725

Cleveland, OH

Fairview Hosp., Gayle Donahue, 216-476-7324

Sylvania, OH

Congregational Nurse Project of NW Ohio
Lourdes College
Mary Jane Fulcher, 419-262-1462

Toledo, OH

Congregational Nurse Project of NW Ohio
February 7, 14, 21, 28 & March 6, 2008
OR Oct. 7, 14, 21, 28 & Nov. 4, 2008
Mary Jane Fulcher, 419-262-1462

Guthrie, OK

Catholic Charities, Faith Community Nursing
Resource Center, Our Lady of the Lake Lodge
May 15-17 & June 5-7, 2008
Marilyn Seiler, 405-523-3006

Guymon, OK

Catholic Charities, Faith Community Nursing
Resource Center, St. Peter's Catholic Church
March 13-15 & April 17-19, 2008
Marilyn Seiler, 405-523-3006

Albany, OR

Northwest Parish Nurse Ministries
Linn-Benton Community College
Rachel Hagfeldt, 541-812-4701

Bend, OR

Northwest Parish Nurse Ministries
St. Charles Medical Center
Mar. 31- Apr. 2, Apr. 10-11, 2008 (daytime
hours). Lyn Bogie, 541-383-6861

Hillsboro, OR

Northwest Parish Nurse Ministries, Tuality
Healthcare, Debbie Waring, 503-413-2341

Portland, OR

Northwest Parish Nurse Ministries, Univ. of
Portland, Debbie Waring, 503-413-2341

Portland, OR

Northwest Parish Nurse Ministries
Concordia University, June 9-14, 2008
Debbie Waring, 503-413-2341

Pittsburgh, PA

Mercy Parish/Congregational Nurse & Health
Ministry Program, June 15-21, 2008
Joyce Schumm, 412-232-5815

Charleston, SC

Medical University of South Carolina, College
of Nursing, Parish Nurse Program
Ann Hollerbach, 843-792-4624

Mitchell, SD (On-line)

Dakota Wesleyan Univ., Jan. 7 - Apr. 25, 2008,
Gloria Thompson, 605-995-2889

Sioux Falls, SD

Augustana College, June 16-20, 2008
Mary Auterman, 605-274-4929

Newport, TN

Tennessee Wesleyan College
Lisa Kirkland or Gail Lambert, 865-777-5100

Abilene, TX

Rural Nurse Resource, Inc., St. Paul United
Methodist Church, April 30-May 3, 2008
Sharon Hinton, 806-983-8096

Amarillo, TX

Rural Nurse Resource, Inc.
Westminster Presbyterian Church
Mar. 5-8, 2008, Sharon Hinton, 806-983-8096

Austin, TX

Evangelical Free Church of America
Paula Lilja, 281-532-3060

Beaumont, TX

Memorial Hermann Baptist Hospital
February 1-2 and 8-10, 2008
Rebekah Seymour, 409-212-5648

Dallas/Fort Worth, TX

Dallas/Ft. Worth Faith & Health Collaborative
Debbie Sieder, 214-947-2476

Flower Mound, TX

Dallas/Ft. Worth Faith & Health Collaborative
Debbie Seider, 214-947-2476

San Antonio, TX

University of the Incarnate Word
Jean Deliganis, 210-224-7122

Slaton, TX

MHW Nursing Consultation and Health Ministry
of NW Texas, Mercy Center, April 6-10, 2008
Margaret Hiatt Williams, 432-270-2144

Harrisonburg, VA (On-line)

Eastern Mennonite University
Tammy Kiser, 540-879-2638

Lowesville, VA

Women's Missionary Union of Virginia
Rachel Cobb, 804-915-5000

Lynchburg, VA

Liberty University, Dept. of Nursing
Mar. 17-21, 2008, Sharon Kopsis, 434-382-2857

Roanoke, VA

Jefferson College of Health Sciences
Linda Rickabaugh, 540-985-8297

Winchester, VA

Shenandoah University
540-665-5505

Bellingham, WA

Puget Sound PN and Health Ministries
St. Joseph Hosp., Donna Gustin, 360-715-6408

Kirkland, WA

Puget Sound Health Ministries
Carol Story, 425-339-8034

Olympia, WA

Northwest Parish Nurse Ministries, Pacific
Lutheran Univ., Terry Bennett, 253-535-7683

Seattle, WA

Puget Sound Health Ministries, Seattle Pacific
University, July 13-16, July 21-23, 2008
Emily Hitchens, 206-281-2964 (option 2)

Tacoma, WA

NW Parish Nurse Ministries, Pacific Lutheran
University, April 22-24, May 21-22, 2008
Terry Bennett, 253-535-7683

Arthurdale, WV (On-line)

Hospice Care Corp/West Virginia University
Robin Shepherd, 304-864-0884

Wheeling, WV

Wheeling Jesuit Univ., Wheeling Medical Park
Alma Cunningham, 888-434-6237 ext. 369

LaCrosse, WI

Viterbo University, PN Ministry Center
Silvana Richardson, 608-796-3670

Madison, WI

Edgewood College
Karen Stremihis, 608-663-2270

Milwaukee, WI

Marquette Univ. & Covenant Healthcare
Patrice Olin, 414-550-8519

Canada

Toronto, Ontario (and other sites)

InterChurch Health Ministries
Location: Emmanuel College
Karen Marks, 416-225-7231

Coordinator's Preparation

Fort Myers, FL

Lee Memorial Health System, Parish Nurse
Program, Rita Horvath, 239-336-6721

St. Louis, MO

IPNRC, Barbara Wehling, 314-918-2591

Portland, OR

Northwest PN Ministries, University of Portland
Debbie Waring, 503-413-2341

Winchester, VA

Shenandoah University, Oct. 8-12, 2008
540-665-5505

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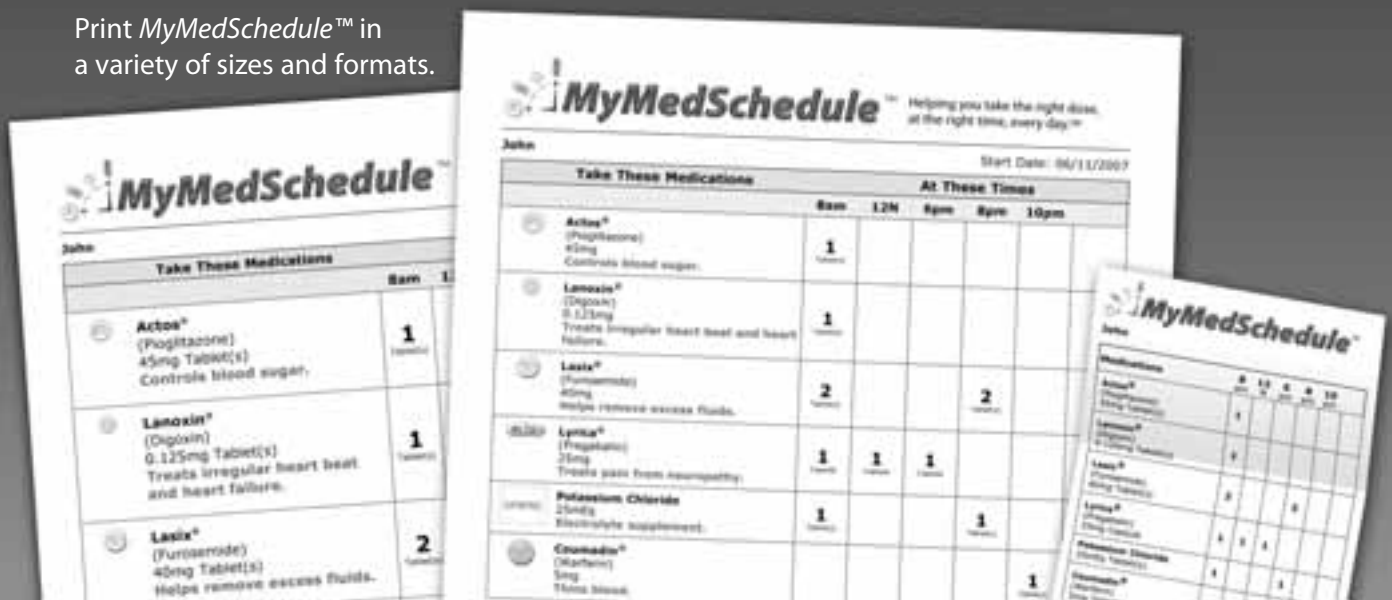
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